



Navigating Online Learning... Again

Community Resources:

- CanLearn Reading Pilots: https://www.canlearnsociety.ca/literacy/programs-for-children/reading-
- South West Community Resource Center: http://swcrc.ca/on-going-programs/
- **Calgary Library Programs:**
 - Mindfulness for parents: https://calgarylibrary.ca/events-andprograms/programs/mindfulness-for-parenting/
 - o Story Pals (age 6-12): https://calgarylibrary.ca/events-and-programs/programs/story-pals- online/

Websites to Help with Studying

- Tips and tricks:
 - o https://ucalgary.ca/student-services/access/technology/how-to-videos
 - https://www.howtostudy.org/index.php
 - https://www.mystudylife.com/
 - https://quizlet.com/en-gb- Create flashcards and quizzes
 - https://www.mystudylife.com/ Organize assignments
 - https://app.grammarly.com/ Aids with Writing
 - https://sarahkesty.com/blog/episode16/ Apps and Tech for distance learning
- Timers:
 - https://pomofocus.io/- 25 minutes studying, 5 minutes breaks
- Procrastination:
 - https://selfcontrolapp.com/ -Mac Users
 - http://www.stayfocusd.com/ Google chrome extension





Phone and Applications:

- **Phone Settings:**
 - Do not disturb or Focus mood (Android)
- Apps
 - Flipd keep track of studying and productivity
 - Minimalist to-do list
 - Notability takes notes in lecture
 - o myHomework student planner
 - o Timo Kids routine
 - Brili Older kids routine

Online Board Games:

- Code Names https://codenames.game/
- Battleship https://papergames.io/en/battleship
- Memory https://pairs.one/en/games/new
- Monopoly (\$) https://apps.apple.com/us/app/monopoly/id1477966166
- Risk https://apps.apple.com/us/app/risk-global-domination/id1051334048
- Clue (IOS \$) https://apps.apple.com/us/app/clue-the-classic-mystery-game/id1150534552